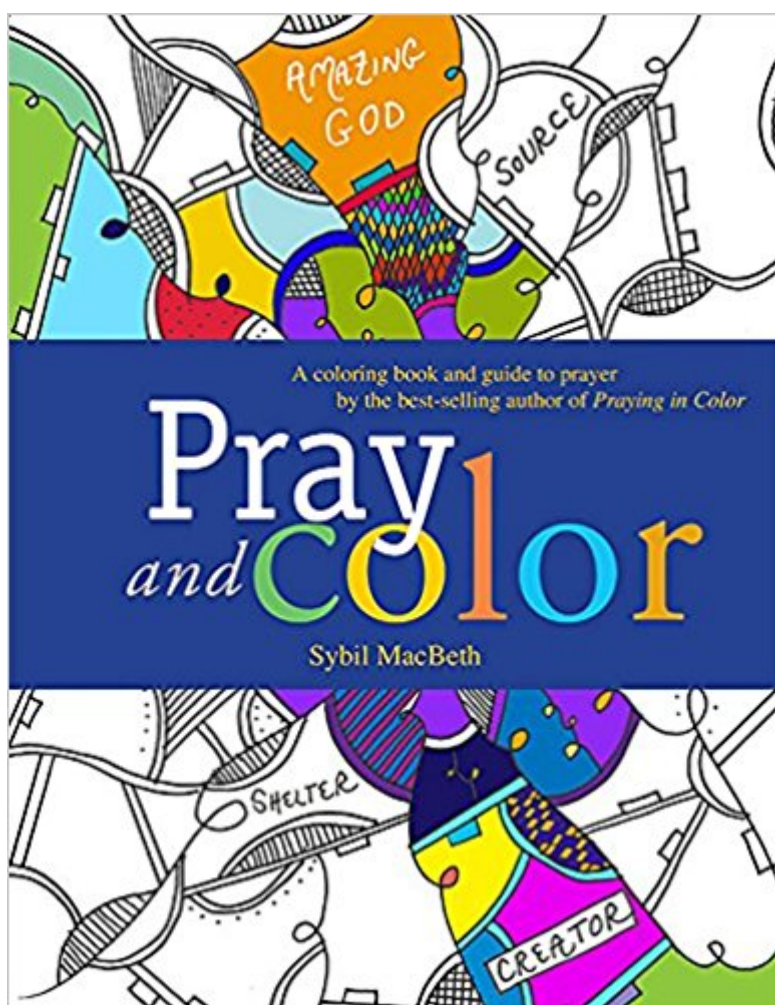


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# Pray And Color: A Coloring Book And Guide To Prayer By The Best-selling Author Of Praying In Color



## Synopsis

This is not just another coloring book. It's a guide to prayer for anyone who wants to connect with God by creating something visual and concrete. Since 2007, thousands have enjoyed learning a new prayer practice called "Praying in Color" from Sybil MacBeth. This new coloring book and guide includes an introduction to fourteen types of prayer, along with 32 pages to color. Sybil teaches how to use these types of prayer while you color: Prayers for Others, Prayers for Yourself, Disgruntled Prayers, Gratitude Prayers, Praise Prayers, Regret Prayers, Spending-Time-With-God Prayers, Blessing Prayers, Praying for Enemies, Praying with Scripture, Praying Your To-Do List, Daily Inventory Prayers, Hodgepodge Prayers, Prayer Calendars. Slowing down isn't easy in our culture where stimulation and constant virtual connection are the norm. If you find the transition from busyness to stillness difficult, follow Sybil to a slower, more contemplative pace through coloring as prayer and as spiritual practice. Praise for "Praying in Color" "Readers of all ages, experience and religions will find this a fresh, invigorating and even exhilarating way to spend time with themselves and their Creator." •Publisher's Weekly Starred Review

## Book Information

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Photography > Drawing > Coloring Books for Grown-Ups > Religious & Inspirational #1773

in Books > Christian Books & Bibles > Christian Living > Inspirational #4978 in Books >

Crafts, Hobbies & Home > Crafts & Hobbies

## Customer Reviews

A great addition to your art / response shelves: This is part of Sybil MacBeth's popular series praying in color. This new coloring book and guide allows anyone to quiet the mind and pray while creating something visual and inspired. The book includes an introduction to this style of

prayer for those unfamiliar and 32 pages to color. We recommend introducing it to your circle as a new "work" on the shelves, showing your circle how to use it. You will need to take the book apart and place the individual coloring sheets on a tray or basket. Children can choose the page that is just right for them and begin to "pray in color." •The Rev. Cheryl V. Minor, Ph.D. Co-Rector, All Saints' Church, Belmont, MA Director of the Center for the Theology of Childhood The Godly Play Foundation

Sybil MacBeth is the author of *Praying in Color: Drawing a New Path to God* (2007) and *Praying in Color Kids* Edition (2009). *Praying in Color* uses doodling and coloring as a way to get still and listen to God. Sybil combines her lifelong love of prayer with her experience as a community college mathematics professor to offer workshops and retreats throughout the U.S. and Canada. Her workshops, both prayerful and playful, engage people of varied learning styles. Sybil is married to Andy MacBeth, an Episcopal priest, and is the mother of two adult sons. *Praying in Color* has been translated into Spanish, Italian and Korean. Her 2014 book *The Season of the Nativity: Confessions and Practices of an Advent, Christmas, and Epiphany Extremist* (Paraclete Press, Fall 2014) invites people to experience the richness of the holiday season at home. Learn more at Sybil's website and blog: [prayingincolor.com](http://prayingincolor.com).

Another beautiful book from Sybil MacBeth, the best-selling author of the "Praying in Color" books. For those who have read and enjoyed her books this is a perfect book to continue your journey on coloring, doodling and prayer. There are 6 chapters and 32 pages with templates for coloring including ideas for Advent and Lent calendars. The chapters include: Coloring as a Spiritual Practice, Coloring as Prayer, The Coloring Pages/Templates, Preparing to Pray, Ways to Pray, and Prayer + Coloring + Doodling = Praying in Color. The best way to describe this book are from words from the author herself: "This book is for people who...struggle with prayer, never thought to combine prayer and coloring, have trouble finding words for their prayers, want a new way to pray, like to color but feel inadequate about their drawing of doodling skills, like to color even though they have sophisticated drawing and technical skills, have never colored, want to find a way to incorporate their hands and eyes into prayer..." and more. The chapters give you examples, explanations, ideas, how-to and encouragement. I'm so happy I purchased this book! It is also a nice change and complement to biblical adult coloring books. There is another book ("Count Your Blessings in Color") by Ms. MacBeth that is coming out late November that I am also looking forward to.

I love this book! I have Sybil MacBeth's other books, including her Praying in Color. I discovered Sybil's books on . This "Coloring Book" is a great way to introduce drawing, doodling, and coloring into your prayer life. It is a way to pray when you don't know exactly what to pray for. The book comes with instructions and suggestions for improving your prayer life by incorporating illustrations, writing and drawing. You can use the pre-done illustrations to add names, subjects, and color. She has details on her website and Facebook page if you want more information. I highly recommend this as a useful book and a great gift!

Th original book was better but perhaps useful for readers who have not attended a seminar or workshop on using her approach to prayer.

Awesome

Love the book and have had a wonderful time using it,,the only minor thing i would change is have the coloring pages perforated to make them easier to take out and use.

Life changing in your prayer life

Beautifully designed book will use in my prayer room. Thanks

Love this book with the additional pages to color. Perfect for my teenager who is starting journaling

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